



Equine Sports Massage

Practitioner Diploma



NEW: 1 year part-time courses commencing:

5th – 9th October 2015

Arion Riding Centre, National Trade Academy
Christchurch, New Zealand

OR

12th – 16th October 2015

Brookby Equestrian Park, Brookby, Auckland, New Zealand

Organised by:

THE INSTITUTE OF COMPLEMENTARY ANIMAL THERAPIES
England UK

www.theicat.co.uk

NEW: ICAT™ Equine Sports Massage Practitioner Course

This course aims to equip the learner with the specialist theoretical, clinical reasoning and practical application skills to become a qualified Equine Sports Massage Practitioner.

Structure:

This **12 month** part-time course commences in October and finishes the following October. It consists of learners attending three taught residential blocks; two externships during which the candidates will be expected to complete assignments on anatomy and physiology; the principles of massage; business studies; and records of practical case studies. There is a final practical assessment and a written theory examination.

1. **Residential Block 1:** **Foundation & Intermediate Modules** combined and taught over 5 days
2. **Residential Block 2:** **Advanced Module** and revision session taught over 3 days
3. **Residential Block 3:** **Final Assessment Module:** consisting of revision, followed by a final practical assessment and a written theory examination over 3 days

Externship:

In between each residential block, students have an externship during which they will be required to complete assignments on anatomy and physiology and submit these via email direct to ICAT for marking. They will also be expected to complete 30 practical case studies. A New Zealand based support tutor will be available to provide mentoring during this externship. The final grade will reflect continual assessment on coursework and case studies, as well as the final practical and theory examination results.

Tuition:

N.B. This is **not an online course**, instead we wish to offer you a much more comprehensive and through interactive learning experience. We offer **'hands on' one to one tuition**. Because we are there **with you, supporting you** and able to **demonstrate on you the correct application** of palpation and massage techniques, you will quickly learn when and how to adapt/refine your skills on a variety of different horses in a controlled, supervised environment. This direct learner/tutor training has proven results, with graduates setting up in practice as competent, confident and knowledgeable therapists. Our NZ based instructor is always available to offer ongoing support and guidance whenever you need it.



Content:

The topics covered in this practitioner course include:

- Equine anatomy & physiology
- Equine conformation and gait analysis
- Equine biomechanics and the importance of correct foot balance
- The consultation process, plan, implement and record treatments
- Prepare for and provide Equine Sports Massage
- The history, theory and practice of Equine Sports Massage techniques
- Contra indications & contra actions to massage
- Treatment outcomes and aftercare advice
- Professional ethics and code of practice
- Health, safety, hygiene and promoting professional standards
- Overview of equine dental issues and saddle fitting issues
- Business Start Up

Entry Criteria:

The ICAT™ Equine Sports Massage Practitioner course attracts candidates from a variety of backgrounds including: veterinarians, veterinary nurses, equine studies graduates, equine trainers, experienced equine industry professionals (eventing, SJ, endurance, racing, polo), etc. Students are expected to be over 21 years old and have proven experience in handling and riding horses for a minimum of 3 years. Have sufficient physical capability as well as academic ability (e.g. National Certificate), (*this includes English language skills for international students*) and computer literacy skills (due to coursework being submitted electronically). A mature attitude, commitment to the course and an ability to meet set deadlines is expected of all learners

Outcome:

Upon successful completion of the course, graduates will be awarded the **ICAT™ Equine Sports Massage Practitioner Diploma.**

They will have developed the necessary theoretical knowledge, analytical and critical evaluation skills and the ability to apply practical techniques required in the professional application of Equine Sports Massage. They will be able to work confidently and independently as equine sports massage therapists working in the Animal Care and Welfare Industry.



Course Fee:

NEW 2015 Tuition Fee: NZ\$ 5,500.00

Payable by initial deposit of NZ\$ 1,000.00 with the balance of NZ\$ 4,500.00 payable on the first day of the course or by 10 monthly instalments of NZ\$ 450.00 (*including admin fee*)

Progression:

ICAT Equine Sports Massage graduates are eligible to apply for the Animal Mechanics™ **Equine Sports Therapy & Myopractic Diploma.** This course equips the learner with the necessary advanced soft tissue palpation and McTimoney-Corley adjustment skills required to carry out musculo-skeletal manipulation treatments. Entry is restricted to graduates of the ICAT™ Equine Sports Massage Practitioner Diploma course due to the required standard of prior knowledge of anatomy and physiology and previously learnt palpation techniques. For further details please contact ICAT direct.

About The Institute of Complementary Animal Therapies:

The Institute of Complementary Animal Therapies was established in 2002 and has rapidly established itself as a leading centre in the UK for those wishing to learn more about complementary therapies and their benefits in the animal kingdom. ICAT has gained international status with students attending from all over the United Kingdom and further afield. One keen learner attended from Moscow and is now the first equine massage therapist in Russia! As well as setting up practices in the UK, some of our graduates are based in Canada, Spain, Singapore, Australia and New Zealand. Due to increasing demand from overseas, ICAT is widening its horizons and together with the help of experienced graduates, is setting up satellite training venues in various countries. We do not offer online courses as massage is such a practical based skill and requires correct training in application of pressure and constant animal behaviour reactions. Would you consider having a veterinarian treat your horse who had learnt their surgical skills online? This course is taught by professionals with over 25 years industry experience and our graduates have gained international recognition for their consistently high standards of compassion, care and knowledge.



Course Tutors:

Julie Boxall PGCE., ITEC., is the founder, principal and senior lecturer for the Institute of Complementary Animal Therapies (ICAT) based in England, and founder of the Association of Complementary Animal Therapies (ACAT). Julie is a subject expert with over 30 years' experience in the industry as a Human and Animal Physical Therapist. She is chairing the Massage and Soft Tissue Stakeholder (MAST) sub group involved in the UK Government Review of Minor Procedures Regime (RMPPR). Julie is also a member of the National Occupational Standards (NOS) Committee who review standards in the Animal Care & Welfare Industry in the UK. Students will also have a course mentor, Amanda Scott-Richards, who is a New Zealand based ICAT graduate.

ICAT™ EQUINE SPORTS MASSAGE PRACTITIONER COURSE - NZ

APPLICATION FORM - Academic Year 2015/16

Please circle required course: **North / South Island**

Name _____ Mr/Mrs/Miss/Ms Date of Birth _____

Address _____

_____ Postcode _____

Tel No. _____ Mobile _____

Email _____

Existing Qualifications _____

Please describe your equine experience /ownership / achievements

ESM APPLICATION FORM / 2

Name _____

Do you have any disability or medical condition which might require special arrangements?

Contact Name and Telephone Number (in case of emergency)

_____ Tel _____

Optional: Do you have any special learning needs? YES / NO

Current Occupation _____

Membership of any professional institutions _____

How did you hear about this course? _____

Describe why you wish to become an ICAT™ Equine Sports Massage Practitioner and what qualities you may bring to this occupation:

(Please continue on a separate sheet if necessary)

ICAT™ EQUINE SPORTS MASSAGE PRACTITIONER COURSE – NZ

Academic Year 2015/16

BOOKING TERMS AND CONDITIONS

COURSE FEE:

The total 12 month course fee is **NZ\$ 5500.00** Please circle: **North / South Island** course required.

BOOKING A PLACE:

Complete all sections of this booking form, sign and send via email/post to:

Email: info@theicat.co.uk

ICAT, PO Box 299, Chudleigh, Devon, England, Great Britain. TQ13 0ZQ

PAYMENT:

This can be paid via bank transfer using the information supplied below.

Payment via bank transfer: **Institute of Complementary Animal Therapies**
Please put your 'name **Sort Code: 30-96-06 Account Number: 02944538**
and NZ' as Reference **BIC: LLOYDGB21078 IBAN: GB52LOYD30960602944538**

Please choose Option A or Option B.

OPTION A:

Please tick To book a place complete and sign the booking form and pay the total course fee up front which entitles you to a prompt payment discount of NZ\$ 500.00 = total of **NZ\$ 5000.00** to pay. (Please note that this includes a non-refundable deposit of NZ\$ 1000.00)

Or

OPTION B:

Please tick To book a place on the course a non-refundable deposit of **NZ\$ 1000.00** is required together with this completed signed booking form. The balance of NZ\$ 4500.00 can be made in instalments following receipt of the deposit, as 10 monthly payments of **NZ\$ 450.00*** per month in advance on the 1st of each month as follows:

1 st November 2015	1 st April 2016
1 st December 2015	1 st May 2016
1 st January 2016	1 st June 2016
1 st February 2016	1 st July 2016
1 st March 2016	1 st August 2016

(*includes admin fee NZ\$ 50.00)

This intense course has been designed for individuals who have previously demonstrated commitment and responsibility and can manage their own learning schedules. Please note that a non-attendance of any block will mean the candidate would still incur the fee for the missed block. If the candidate does not attend a catch up session (to be arranged with NZ mentor), they will be withdrawn from the programme. The candidate will however remain liable for payment of the remainder of the fees for the outstanding part of the course.

I have read, understood and agree to abide by the ICAT course booking terms and conditions

Signature: _____ **Date:** _____

Print Name: _____

ICAT, PO Box 299, Chudleigh, Devon, England, Great Britain. TQ13 0ZQ
Email: info@theicat.co.uk

Name _____ Date _____

ESM APPLICATION FORM - *Continuation Sheet*

Describe why you wish to become an ICAT Equine Sports Massage Practitioner and what qualities you may bring to this occupation: